

Week...

(Keep track of your
12 week progress here)



500ml

SYMPROVE™

- ✓ **Gluten Free**
- ✓ **Dairy Free**
- ✓ **Suitable for Vegans
and Vegetarians**
- ✓ **No Added Colours**

For Lot Number
and Best Before
date see below.



MM_005_V2



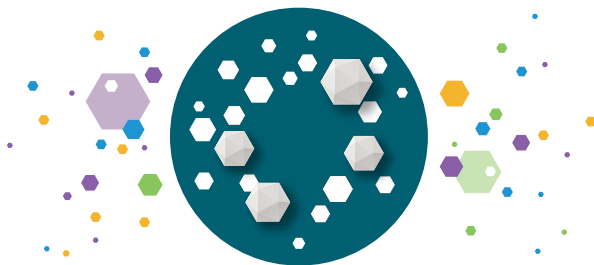
Ingredients

Water, extract of germinated barley, live activated cultures of: *L. rhamnosus*, *E. faecium*, *L. plantarum*, *L. acidophilus*; vitamin C, acidity regulator: trisodium citrate; preservative: potassium sorbate.

Manufactured and distributed by Symprove Ltd.
The Sands Business Centre, Sands Road,
The Sands, Farnham. GU10 1PX, UK.

SYMPROVE™

Water-based food supplement with **Live & Active Bacteria**



Original Flavour

Instructions

Shake bottle gently before use.
Take one full cup (70ml) of
Symprove every morning
**10 minutes before
you eat or drink.**



Designed to deliver approximately
10 billion colony forming units
(CFUs) per cup.

Food supplements should not be used as
a substitute for a balanced and varied diet.

Do not exceed the recommended
daily dose.

Storage

Keep in the fridge once opened. Store in
a cool, dry place out of reach of children.

**Please do not heat or freeze as you may
damage the live and active bacteria.**

See accompanying leaflet for
further details.

For FAQs visit www.symprove.com